



West St. Paul Parks & Recreation

Nov. 2015
www.wspmn.gov
651-552-4150

Winter Fun!



Gymnastics Classes

Saturday, December 5 – February 13
3 yrs. and up

Get moving and tumbling with West St. Paul's Recreational Gymnastics! If you have never tried gymnastics or want to improve your skills, join us for 9 weeks of fun. Everyone will have the opportunity to learn the balance beam, uneven bars, floor exercise programs, tumbling and so much more. All classes are held at Sibley High School (Small Gym.) We ask that girls wear leotards and boys should wear gym shorts and a t-shirt.

Location: Sibley High School Gym
Registration deadline: November 25

<u>Tumbling Tykes</u>	3-4 yrs.	8:30 – 9 am	\$90
<u>Tumbling Tot</u>	4-5 yrs.	9:05 – 9:35 am	\$90
<u>Kinder Tumbling</u>	5-6 yrs.	9:40 – 10:20 am	\$90
<u>Beginner</u>	6 yrs. & up	10:25 – 11:25 am	\$125
<u>Advanced Beginner</u>	6 yrs. & up	11:30 – 12:30 pm	\$125

Royal Princess Ball

Saturday, February 20
Fourth graders and under with an adult

Your little Princess has been invited to our Royal Princess Ball. We will have crafts, refreshments, photo booth, meet and greet with real princesses, a deejay and lots of dancing. Come in your favorite princess dress or costume. Register now as space fills quickly! Max of 100 children.

Cost: \$20 per child
Time: 6:00 p.m. – 8:00 p.m.
Location: Thompson Park Activity Center
Registration Deadline: January 31

Summer Seasonal Jobs

16 yrs. and older

The City of West St. Paul offers lots of summer seasonal staff positions. Applicants that are interested in any of the below positions may apply online at www.wspmn.gov

Day Camp Leaders **Soccer Coaches**
Baseball/Softball Coaches **Tennis Coaches**

Day Time Skating Lessons

Monday, January 4 – February 8
4 yrs. – Eleventh grade

Have you ever wanted to learn how to ice skate or just want to brush up on your skating skills? Come learn the basics of ice skating and hockey while having fun. Skaters will be broken up into groups depending on the number of skaters and skating ability. Each participant will receive 30 minutes of instructional time and 30 minutes of practice time. 1 parent is allowed to skate for free with their child during their scheduled practice time. Easy to move-in clothes and gloves or mittens are recommended. All skaters 6 years of age and younger are required to wear a helmet while on the ice, hockey or bike helmets are acceptable. All skaters must provide their own skates, double runner blades are not allowed. This 5 week class is being taught by an experienced skating instructor. * No Class January 18

Cost: \$120 per child
Location: West St. Paul Ice Arena
60 Emerson Ave, West St. Paul
Registration deadline: December 20

Level 1 - This class is for skaters with no previous experience. All skaters will be taught the basic skills of skating

4 – 9 yrs.	Lesson Time: 10:30–11 am Practice Time: 10–10:30 am
10 yrs. & up	Lesson Time: 11–11:30 am Practice Time: 10:30–11 am

Level 2 - This class is for skaters who feel comfortable skating and are able to balance on 2 feet while moving. All skaters will be taught the basic skills of skating

4 – 9 yrs.	Lesson Time: 9:30 – 10 am Practice Time: 9 – 9:30 am
10 yrs. & up	Lesson Time: 10 –10:30 am Practice Time: 9:30–10 am

Level 3 - This class is for skaters who are working on forward and backwards crossovers along with more advanced skills. All skaters will be taught the basic skills of skating

6 yrs. & Up	Lesson Time: 9 – 9:30 am Practice Time: 9:30 – 10 am
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Log onto www.wspmn.gov to register or call 651.552.4150 for registration information.

More Winter Fun!

Snow Tubing **Tuesday, December 29** **First to Ninth grade**

Head to Wild Mountain Winter Recreation Area in Taylors Falls, MN with us for a day of snow fun! We will spend the day racing down the tubing tracks, while you relax as you're pulled to the top of the mountain by their magic carpet (moving walkway). If you get cold we can warm up in the chalet or next to big bon-fire. This trip is sure to be a blast of winter fun! Dress for the weather and please bring a bag lunch. You may bring additional money for treats.

Cost: \$25 per child
Time: 9:15 a.m. – 3:10 p.m.
Location: WSP City Hall
Registration deadline: December 20

Grand Slam and a Movie **Wednesday, December 30** **First to Ninth grade**

Get it on the action with us during your winter break. We will start out at Grand slam in Burnsville where each participant will get six game tokens, unlimited laser tag, batting cages, mini golf, Krazy cars. A hot dog and chips lunch will be provided. We will finish off the day at the Movie Theater to relax and view one of the newest hilarious new movies on the big screen. This trip is action packed with lots of laughs, so don't wait to register. Kids can bring additional money for treats.

Cost: \$30 per child
Time: 9:15 a.m. – 3:10 p.m.
Location: WSP City Hall
Registration Deadline: December 20

Outdoor Skating Lessons **Saturday, January 9 – February 6** **3 yrs. – Sixth grade**

This is a joint program with the West St. Paul and Mendota Heights Parks and Recreation Departments. This is a great opportunity to improve your ice skating or hockey skills outside while having fun. Classes are limited to 6-8 participants and will run for 5 weeks, so register early as they fill quickly.

Cost: \$35 per child
Location: Friendly Hills rink
716 Navajo Lane, Mendota Heights
Registration deadline: December 31

Small and Talls Session 1 3-5 year olds 9:30 – 10 am

Small and Talls Session 2 3-5 year olds 11:15 – 11:45 am

Parents participate with 1st time skaters. Parents will learn tips to help their child skate.

Beginners Session 1 5 year olds & up 10:05 – 10:35 am

Beginners Session 2 5 year olds & up 11:50 – 12:20 pm

This class is for skaters age 5 and up with no previous experience. All skaters will be taught the basic skills of skating

Intermediate & Fun Freestyle 6 year olds & up
10:40 – 11:10 am

This class will bring you to our highest level offered with some extra fun freestyle moves for those kids ready for more of a challenge. Skaters must have completed the Beginners Class.

How to Register

Register online or to see a full list of all of our programs go to www.wspmn.gov. Go to "Residents" then "Parks and Recreation." On the right hand side, you may register online or view our Winter Program Brochure! If you prefer to register in person, you may register Monday through Friday from 8:00 AM to 4:30 PM at City Hall, 1616 Humboldt Ave.

Scholarships

Financial aid is available to those who qualify. Scholarships are granted on a first-come, first-serve basis according to Minnesota's free and reduced lunch price eligibility guidelines. If eligible, funding is awarded at 50% for 1 programs per child, per year. Call our office at 651-552-4150 for details on guideline and required back-up documentation.

Spring / Summer Registration

Look for our Spring / Summer Brochure in your mail box in early February! Summer Registration will begin on Tuesday April, 5 at 8:00 am. You can register online, by mail or in person at the West St. Paul City Hall. Monday through Friday during regular business hours, according to the guidelines listed below.